

REGISTRATION

INJURY PREVENTION & SPORTS PERFORMANCE

2024 SUMMER TRAINING PROGRAM



MARY'S
HEALTH & FITNESS



Mary's Training Center
981 Bullfrog Valley Rd
Hummelstown, PA 17036

Athlete Information

First: _____ Last: _____

Date of Birth: _____ Grade Entering: _____

Sport(s) Played: _____

Please Select One: Session preferences are offered on a first come, first served basis.

- Session 1:** 7am-8:30am M/W/F **Session 3:** 9am-10:30am M/W/F (Collegiate Athletes Only)
 Session 2: 8am-9:30am M/W/F **Session 4:** 11am-12:30pm M/W/F **Session 5:** 7-8:30am T/TR/SAT

Parent Information

First: _____ Last: _____

Phone: _____ Email: _____

Payment

Standard: \$900 per athlete

***MH&F Discount:** 15% off for siblings

payment plans available upon request

Payment must be submitted with your completed registration form via one of the following methods:

- 1. Debit or Credit Card:** (except American Express)
- 2. Check:** Made payable to "Mary's Health and Fitness"
- 3. Cash**

Office Use Only

Session Assignment

- Session 1: 7am-8:30am
 Session 2: 8am-9:30am
 Session 3: 9am-10:30am
 Session 4: 11am-12:30pm
 Session 5: 7am-8:30am
 Payment Received

SUBMIT: info@maryshealthandfitness.com or in person to MTC or MHF

****Your athlete's place is not secured until registration and payment are received****